

Food Safety Information: September 2020: **Eat or refrigerate cold food items within 2 hours of receiving meals. Eat or discard hot meals within 2 hours of receiving.** The following items may be served to you with the intent for cooking at home. Store take n' bake items in freezer.

Take & Bake	Cooking Instructions
Breakfast Pizza	Keep frozen. Microwave: Remove pizza from plastic wrap. Place frozen pizza on a microwave safe plate. Place in microwave and cook for 1:45-2:15 minutes on HIGH power. Oven: Keep in plastic. Cook at 375 F for 20-23 minutes, rotating pizza halfway through cook time. Cook pizza until reaches an internal temperature of at least 165 degrees F.
Breakfast Croissant	Keep frozen. Remove from bag to cook. Microwave: Place on a microwave safe plate. Place in microwave and cook for 1 minute on HIGH power. Oven: Cook at 350 F for 2-3 minutes or until hot.
Chicken n' Waffles	Remove chicken nuggets from foil bag. Microwave: Do not cover. Heat on high for 1 minute. Remove from microwave, turn product over and heat on high for another 1 minute. Let stand for 1 minute before serving. Oven: Cook at 375 degrees F for 13-15 minutes. Cook chicken nuggets until it reaches an internal temperature of at least 165 degrees F. Waffles: May be eaten cold. Do not remove wrapper before heating. Oven: Cook in oven at 350 degrees for 8-10 minutes. Microwave: Cook for 1 minute on high.
Chicken Tenders	Keep frozen. Remove chicken tenders from foil bag, Microwave: Place on microwave safe plate. Place in microwave and cook for 2-2:30 minutes. Oven: Cook at 375 degrees F for 14-16 minutes. Flip tenders half way through cooking
Chorizo Sunrise Wrap	Thaw in refrigerator for up to 3 days, in wrapper. Oven: Must thaw before cooking. Cook at 325 F for 18 minutes. Let sit for 5 minutes before consuming. Cook until it reaches an internal temperature of at least 165 degrees F. Microwave: Open corner of wrapper. Cook for 2 minutes. Let sit for one minute before consuming.
French Toast	May be eaten cold. Do not remove wrapper before heating. Oven: Cook at 350 degrees for 8-9 minutes. Microwave: Cook on high for 1 minute.
Grilled Cheese	May be eaten cold. Do not remove wrapper before heating. Oven: Cook at 300 degrees for 8-10 minutes. Microwave: Thawed – Cook on high for 2 minutes. Frozen – Cook on high for 5 minutes.

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Allergy Information: September 2020

The following items may be in your bag. Please read carefully. Do not consume foods to which you are allergic.

Food Item	Allergens	Food Item	Allergens
All-American Salad	Milk, Soy	Mashed Potatoes	Milk, Soy
Breakfast Croissant	Wheat, Milk, Soy, Egg	Meatloaf w/ Gravy	Wheat, Milk, Soy, Egg
Breakfast Pizza	Wheat, Milk, Soy	Midori Vegetables	Soy
Build-a-Pizza Kit	Wheat, Milk, Soy	Noteables	Wheat
Cheeseburger	Wheat, Milk, Soy	Pancakes and Waffles	Wheat, Milk, Soy, Egg
Cheese Pizza	Wheat, Milk	PBJ Grahamwich	Wheat, Soy, Peanuts
Cheese Stick	Wheat, Soy	Roll	Wheat, Milk
Chicken Filet Sandwich	Wheat, Soy	Smucker's Uncrustable	Wheat, Peanuts
Chicken n' Waffles	Wheat, Milk, Soy, Egg	Soft Taco	Wheat, Milk, Soy
Chicken Tenders	Wheat, Soy	Southern Style Fish Sticks	Wheat, Fish
Chorizo Sunrise Wrap	Wheat, Milk, Soy	Supreme Pizza	Wheat, Milk, Pork
French Toast	Wheat, Milk, Soy, Egg	Turkey & Cheese on Sub Roll	Wheat, Milk, Soy, Egg
Gramahs	Wheat, Soy	Teriyaki Chicken	Soy, Treenuts
Hush Puppies	Wheat, Milk, Soy, Egg	Turkey Ham & Cheese AnyTimers	Wheat, Milk, Soy
Italian Combo on Sub Roll	Wheat, Milk, Soy	Turkey Ham & Cheese on Hawaiian	Wheat, Milk, Soy, Egg
Grilled Cheese	Wheat, Milk, Soy		
Mandarin Orange Chicken	Wheat, Soy, Egg Treenuts		

*Some products within the bag contain peanuts, tree nuts, soy, milk, eggs, and wheat. While we take steps to minimize the risk of cross-contamination, we cannot guarantee that any of the products are safe to consume for people with peanut, treenut, soy, milk, egg, or wheat allergies. Please contact 628-2760 if you have special dietary needs.

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